

## COMMUNITY NEWS

### WINCHESTER A BETTER CHANCE BOTTLE DRIVE

The Winchester ABC Program will hold its next Bottle Drive on **Saturday, September 11, 2010**, from 8 AM to 3 PM in the parking lot behind the Sons of Italy Hall at the entrance to the transfer station. Your returnable

bottles and cans help to finance the ABC Program. As always, volunteers are needed the day of the drive to help sort the bottles and cans. If you have an hour or two and can help, please know that you are welcome. For more information, please call Brian Sergenian at 781-721-0242, or Mary D. Jordan at 781-729-8397. Again, thank you for your continued help!

### FIRST ANNUAL WINCHESTER AWARENESS RECREATIONAL EVENT

Mark your calendars for **Saturday, September 25th** (rain date Sunday, September 26th) for the first Annual Winchester Awareness Recreation Event (AWARE) where special needs youth (ages six to sixteen) participate in a recreational "field day" focusing on organized sports activities, including soccer and track (races) events. AWARE will benefit special needs youth and their outreach programs, such as The Outreach Program for Soccer (TOPS), Hoops, Best Buddies, MA Special Olympics and other current Winchester programs. In addition, AWARE will strive to bring the entire community together by promoting the need to support programs serving those with disabilities. Athletes, coaches, faculty, parents, and other youth are invited to engage in this unique opportunity promoting awareness of the outreach programs available in the Winchester community. Youth and adults will be assigned to age-appropriate positions of responsibility while other trained professionals will also be available to insure a safe and successful environment. This event will take place from **10 AM to 1 PM at McCall Middle School's Manchester Field**. To find out how you can participate, or if you have questions, please contact Tim de Redon, Boy Scout Troop 507, at 781-721-1942 or by email: [deredon@comcast.net](mailto:deredon@comcast.net).

### PARENT TO PARENT PRESENTS

Parent to Parent presents an important talk for parents of 11 - 18 year olds, "Adolescent Psychology – The Parent Version" presented by Joani Geltman, MSW, an expert in child development and parent-teen relationships. Her talk will cover the physical, cognitive, and social/emotional changes that occur in adolescence and how they affect relationships with parent and friends as well as school life. Please join us on **Wednesday, September 29th, 7:00-9:00 pm**. Location to be announced; watch your email for details.

Learn how to:

- Identify your teen's "lightning rod, imaginary audience, and personal fables"
- Set appropriate limits so your teen will want to follow them
- Develop effective tools for identifying and dealing with your teen's experimentation with sex, drugs, and alcohol
- Separate high expectations from unrealistic expectations and their consequences for your teen's emotional well-being.

Ms. Geltman has been working as a therapist, parenting consultant, and coach for more than 30 years. As a member of the adjunct faculty of Curry College, and Lesley University, she designs curriculum and teaches Child and Adolescent development. For more information please visit:

[www.parenttoparentwinchester.org](http://www.parenttoparentwinchester.org)

## PARENT TO PARENT BOOK GROUP

Ever wonder if your kids have too much of a good thing...cell phones, credit cards, computers, cars? Ever worry whether things are too easy for them or whether they understand the expectations and responsibilities necessary to develop strong character? Come explore these issues with other parents as we discuss the book, "Too Much of a Good Thing: Raising Children of Character in an Indulgent Age" by local author Dan Kindlon, Ph.D. Using both empirical and anecdotal evidence, Dr. Kindlon sounds a wake-up call for parents raising children in a self-indulgent world. He explains how to be a good parent first and good friend second, and offers concrete advice on raising children of conscience and character. Join us on **Tuesday, October 19th, at 7:30 pm** in the Library Meeting Room for a lively and informative discussion. Books are available through the library and through Book Ends. Books will also be available for purchase the night of the meeting. This will be the first of three book groups organized by Parent to Parent this year. Please visit our website for information on additional programs:  
[www.parenttoparentwinchester.org](http://www.parenttoparentwinchester.org)

## WINCHESTER LEAGUE OF WOMEN VOTERS

As campaign signs sprout up on neighborhood lawns and we look ahead to the November 2nd state election -- as well as a potential town election on a Prop. 2 1/2 override for Vinson-Owen Elementary School -- please consider the important role the League of Women Voters plays in Winchester.

Our town has had a local LWV for over 90 years. Our members are grandmothers, mothers, voters of all ages across Winchester. Like any organization, we always need new members and new ideas! From the traditional "Day at the Races" candidates' question & answer session, to new voter registration efforts at the high school, the LWV is a non-partisan, voter education organization dedicated to ensuring that Winchester voters get the facts they need to understand the issues and to participate in the many critical decisions facing our town and state.

For more information, or to join the LWV, please visit <http://www.lwvwinchester.org/> or contact Susan Verdicchio at [s.verdicchio@gmail.com](mailto:s.verdicchio@gmail.com). Help us make Winchester the town where everyone votes!

## WINCHESTER MULTICULTURAL NETWORK

*Winchester Reads* has chosen **Hope's Boy** as this fall's community read. The book, by Andrew Bridge, is a memoir of his childhood years spent in foster care.

The first WMCN program of the fall will be an evening with WBZ's Jack Williams, who will discuss "Wednesday's Child" on Thursday, September 30 at 7:30 p.m. in the Pond Room at the Jenks Center, 109 Skillings Road. Williams has received many awards for his weekly program, created in 1981, which features a special needs child who is need of a permanent home. The program is free and all are welcome.